



Intensive Feeding Program-IFP©
at New Jersey Pediatric Feeding Associates

The intensive pediatric feeding program designed by New Jersey Pediatric Feeding Associates is offered Monday-Friday (1st week) Monday-Thursday (2nd week) 2 sessions per day, for 45-60 minutes each as tolerated, for 2 weeks. The intensive begins with a full evaluation and then treatments begin immediately in the afternoon.

These sessions are designed specifically for your child's needs and will be conducted during 1 meal and/or 1 snack which can be combined with oral motor work. Our individualized treatment plans are developed according to both the needs of the child and family's needs/goals. An initial evaluation must be conducted. Although we appreciate that your child may have recently undergone an evaluation, there are many aspects of the feeding hierarchy that we target thus the need to establish a thorough baseline. All paperwork will be in checklist form for easy transition to the home program. There will be no narrative reports composed. If you require paperwork for insurance reimbursement and/or reports for other professionals, a \$100.00 fee will be incurred.

The intensive oral motor learning program is aimed at:

1. Intensive stimulation of specific skills which have been slow in progressing or showing signs of plateau.
2. Strengthening current oral motor skills.
3. Introduction of new skills such as adding new foods, improving oral motor patterns, expanding diet, and improving mealtime success.
4. Decreasing habituation of patterns and/or movements that are limiting per oral feeding.

Individual therapy goals are derived through:

1. Pre-program assessment for baseline skills, devising immediate program goals, and addressing current needs.
2. Using a combination of cue based feeding (infants), map expansion neuroplasticity, and food science protocols we are able to target all the sensory cortices of the brain (visual, auditory, olfactory, gustatory, and somatosensory). Through daily structured activities and exercise, this repeated behavior &/or stimulus allows the brain to adapt to new pathways for growth in deficient areas resulting in permanent change. Each prescribed treatment program is designed to strengthen and build the infant/child/teen's response and acceptance.
3. Incorporating various treatment modalities for which, extensive training/certification is required. They include but are not limited to:
 - Oral motor therapeutic intervention
 - Beckman Oral Motor protocol
 - Kinesiotaping (KT)
 - Neuromuscular Electrical Stimulation (NMES) sEMG
 - Food Chaining
 - Visual motor associated with feeding
 - Manual/fascial release therapy

Since Nancy will be seeing your child multiple times daily for a period of 2 weeks, it is suggested that you be prepared to challenge the child and place mealtime demands that can be reinforced daily in the home environment. We strongly advise that the child's parents, family members, teachers, and aides, be informed that assistance will be required for a short duration and their participation and carry over is critical to the child's success.

Pricing:

(1) Evaluation (17) sessions total of \$4,300.00 plus cost share of travel, accommodations, and car rental. Once participants are confirmed, the cost share will be divided amongst the families. If there are specific dietary and/or religious restrictions, then you are to supply the suggested food items identified during treatment. ***The intensive must be paid when booking in order to receive your intensive confirmation and link to the required paperwork.*** Payments accepted through Credit Card or Cash (arrangements made in advance).

Cancelation Policy

We do understand that unforeseen circumstances such as illness, hospitalization, life events, and travel restrictions occur. Please be aware that Nancy is scheduling a significant amount of time for your child to attend. We will not be able to release those appointments to other children and families. If for any reason you cannot attend, please notify our facility immediately via telephone at **732-698-1100** (email will not constitute confirmation of cancelation). If the intensive is canceled within 1 month of anticipated start date 50% of the intensive will be refunded however, the cost share is non-refundable since all travel expenses have already been incurred by NJPFA. There will be **no refunds for individual sessions** canceled while you are attending the intensive regardless of reason.

Illness Precautions

- We know how important the intensive is for child's progress however, any signs or symptoms of any illness (not just Covid related) such as runny nose, fever, congestion etc., we request that you cancel your session. If anyone accompanying the child is demonstrating any signs or symptoms of illness, we again request that you refrain from attending with the child. NJPFA reserves the right to refuse treatment if the child and/or the accompanying adult is showing signs of illness. Please be respectful as we treat the most vulnerable and medically fragile infants and children. A common cold could mean a potential hospitalization or critical care situation for them. Please understand that we must provide these safeguards for your family, our current patients, and our staff. Failure to agree to the terms above could result in refusal to be seen.
- Your signature below confirms that you have read this entire policy and that you are agreeing to abide by the policies and procedures established by NJPFA.

Printed Name

Signature

Date